

## Course Presenters



Mark Abramson, DDS

**Mark Abramson DDS, ABDSM**, is a Diplomat of the AAOP, APM, AADSM, Executive Board Member of AAPMD and a Fellow AACF. He is on faculty with Stanford University and developed the FDA cleared OASYS Oral/Nasal Airway System. Dr. Abramson has a private practice in Redwood City & Sleep Practice in Monterey, CA.



John Bixby, DMD

**John Bixby DMD, D.ACSDD, FAGD** is a Diplomate of the ACSDD, Member AADSM, Fellow of the Las Vegas Institute for Advanced Dental Studies, a Fellow in AGD and the Dental Director at Comfort Sleep Lab, in Neptune City, NJ. His practice is limited to the dental treatment of sleep disorders.



Jim DuHamel, DDS

**Jim Duhamel DDS, Diplomat AADSM, Fellow ICCMO, ACSDD** is a dentist from Valley Springs, California and specializes in TMJ and Sleep. He is a Diplomat with the AADSM and the ACSDD. He also has a practice limited to Dental Sleep Medicine in Modesto and Lodi, California.



Glennine Varga

**Glennine Varga** is a Certified TMD Asst. with the AACF, on Staff at the Pankey Institute and has been in dental education for over 18 years. She has been a TMD/Sleep Apnea Trainer. Glennine is the owner of DSM Boot Camp, trained and assisted hundreds of dental offices on practice management, TMD/Sleep Apnea and team training.



Kathy Moore, MBA

Kathy A. Moore, MBA, is a 29 year veteran of the medical, dental and surgical community. She specializes in training and implementation of Electronic Health and Medical Record implementation, medical billing and credentialing, collaborative marketing with MD's for Sleep Medicine, and CT and Cone Beam diagnostic technologies.



SLEEP



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medical



(916) 865-4528

[www.dreamsystemsdentallab.com](http://www.dreamsystemsdentallab.com)



Beyond the Basics . . .  
More Tools and Strategies to Advance the Dental Sleep Medicine Area of Your Practice

720 Sunrise Avenue, #230  
Roseville, CA 95661



Lecture,  
Demonstrations,  
Interactive  
and  
Hands-On  
Learning,  
Plus . . .  
Breakout  
Sessions  
for  
Individual  
and  
Team  
Education

Costa Mesa, CA

(Orange County Airport)

Friday-Saturday

January 29-30, 2016



“Beyond the Basics . . .

More Tools and Strategies to Advance  
the Dental Sleep Medicine  
Area of Your Practice”



14 CE  
AGD / CA

Dr. Mark Abramson —

“Sleep Apnea’s Contribution to the Stress Load and  
Mindfulness-Based Stress Reduction”

Presented at AADSM Seattle 2015

# "Beyond the Basics . . .

More Tools and Strategies to Advance the Dental Sleep Medicine Area of Your Practice"

Lecture, Demonstrations, Interactive and Hands-On Learning, Plus . . . Breakout Sessions for Individual and Team Education

This course is designed for dentists and dental team members who have been involved in Dental Sleep Medicine and/or have delivered Oral Devices for Sleep Apnea and Snoring. This unique education environment will provide Interactive learning, demonstrations, hands-on exercises and breakout sessions for advancing the Dental Sleep Medicine area of your practice. You will be provided practical tools to improve your Dental Sleep Therapy and address clinical concerns, as well as relational and management tools to manage patients in various stages of treatment, understand medical insurance and Medicare, plus billing challenges, dental sleep marketing and building physician / sleep lab relationships..... and more.

**Friday-Saturday**

**January 29-30, 2016**

8:30am-5:30pm / 8:00am-4:00pm

**Benco Dental Conference Center**

**3590 Harbor Gateway N.—Costa Mesa, CA**

**(714) 424-0977**

**DoubleTree by Hilton**

**(714) 825-3333—\$109/Night (Room Block)**

**(Free Orange County Airport & Benco Dental Shuttle)**

**For More Information—Call Dream Systems**

**(916) 865-4528**

**14 Hours CE**



\*Approved PACE Program Provider FAGD/MAGD Credit Approval does not imply acceptance by a state or provincial board of dentistry or AGD endorsement. 11/01/2013 to 09/30/2016\*. (Any Product-Related Education is not included in Credits Issued)



## Course Topics for Dentist & Team Learning

**Build Greater Confidence** as Members of the Medical Team  
**Better Understand PSG / HST Reports** for Better Communication with Physicians & Sleep Techs; The MATRx w/ PSG  
**Airway & Sleep Disorders**—Looking Back...Infant to Adults  
**Airway, TMJ and Sleep Exam**—Simplified & Comprehensive  
**Diagnostic Tools**—Cone Beams and CT Scans  
**Oral Appliance Therapy**—Screws, Hinges, Hooks, Fins, Blocks, Straps for Opening the Airway in the Throat  
**Importance of Addressing Nasal Obstruction & Upper Airway Resistance** in about 30% of Your Patients  
**Tongue Repositioning** to Improve Severe OSA Treatment  
**Treat the Entire Airway - OASYS** -Throat, Nose and Tongue  
**Medicare Appliance Options**—New Hinge Device +10mm  
**Appliance Options for an Upper Denture / Invisalign Patient**  
**Children - Airway & Speech Impediments, Special Topics**  
**Construction Bite Techniques, Appliance Delivery, Titration**  
**Manage Side Effects, Complications, Morning Bite Changes**  
**Appliance Titration during PSG**—Train the Sleep Tech  
**Combination Therapy**—How to Modify an Oral Appliance  
**Team Engagement for Dental Sleep Office Success**  
**Addressing Different Patient Groups, Handling Objections**  
**Financial Arrangements, Protocols, Obstacles, Medicare**  
**Dental Sleep Marketing**—Techniques for Current Patient Base, Potential Patients and Physician Engagement  
**Efficacy 164 Patient Study-Pre/Post PSG (JCSM Submitted)**  
**Sleep Apnea's Contribution to the Stress Load and Mindfulness-Based Stress Reduction** (Presented at AADSM 2015)

"Outstanding Course! Exceeded all my expectations and anticipations. Would like to see course offered again!"

"The Hands-On Interactive Exercises were great!"

Early Registration	By 12/10 After
Doctor Only	\$695 \$795
2nd Doctor Same Office	\$550 \$600
Doctor w/ One Team Member	\$795 \$895
Additional Team Members	\$150 \$195
Optional Appliance for Course	\$250 \$295

Associate Doctor is not included in Team Member Pricing. 50% Course Cancellation Refund after 1/10/16 or Doctor Registration Fee can be used toward a Future Course or a Single Appliance.  
(Medical Excise Tax—2.3% on the Appliance)

**More Information: (916) 865-4528**

**Register: [www.dreamsystemsdentallab.com](http://www.dreamsystemsdentallab.com)**

### Clinical Demonstrations / Participation

- ◆ Airway & Sleep Exam
- ◆ Impressions & Bites, The MATRx
- ◆ Appliance Delivery & Adjustment
- ◆ Morning Deprogrammer & Exercises
- ◆ Reading a PSG / HST Report
- ◆ Sleep Tech Appliance Titration
- ◆ Adding CPAP to an Oral Appliance

### Team Engagement / Participation

- ◆ Addressing Different Patient Groups
- ◆ Financial Arrangements & Challenges
- ◆ Medicare Credentialing for DSM & More
- ◆ Case Presentation—Handling Objections
- ◆ Dental Sleep Marketing
- ◆ Team Engagement for Success

### Advanced Learning Opportunity

#### Personal Appliance—Home Sleep Test

Send in Your Impressions/Models & Bite Registration and have an appliance made and delivered at the course. (\$250 if Registered By 12/10 / After \$295—\*Impressions & Bites can also be taken at the course to have an appliance made afterwards.  
\*Personal Home Sleep Studies will also be available.